

Golden Myanmar (Burma) 7 Days (C)

Yangon - Mandalay - Mingun - Inle Lake - Taunggyi

Duration

: 07 Days / 06 Nights

TOUR CODE: 7D-(C)-YMmIT

Places

: Yangon-Mandalay-Mingun-Inle Lake-Taunggyi-Yangon

Day 01

: **Arrival Yangon (by morning flight)**



Welcome to the Garden City Yangon ! Upon arrival, welcome by local guide with welcome present: postcard, and Map of Myanmar. Then transfer to Hotel for check in.

Today Yangon city tour includes: **Kandawagyi Royal Park** where you can see the glittering Karaweik barge, a replica of the royal barge, **Chaukhtatkyi Pagoda**, houses the fourth largest colossal reclining Buddha, **Bogyoke Aung San Museum** which was established in 1962. 15 years after the assassination of Bogyoke. Bogyoke in Myanmar is a term used for General. The museum was the home of the General before he was assassinated. And he is Father's of Aung San Su Kyi

who led the National League for Democracy (NLD) to a majority win in Myanmar's first openly contested election in 25 years in November 2015 and now her position is A State Counsellor for the new government then lunch break.

In the late afternoon, shopping in the **Bogyoke market** formerly "Scott market", where you can get a wide range of Myanmar handicraft, jewelries, fabrics, lacquer wares and so on.

(note: Bogyoke market is closed on Mondays.), photo stop at the heart of Yangon: **Sule Pagoda, Maha Bandoola Park** with Independence Monument, City Hall, High Court and many colonial style buildings then start walking along the street Pansodan, in which he will find the beautiful buildings of Post office, the Senate, the beautiful colonial buildings as the House of the Culture while it happens for religious pagodas and elegant parks and end at the



little china town. Along the road, you see local experience in ways that the different architectural features, second hand bookstalls, old Government telegram office to the bustling and vibrant life of this large city. And you guide show you a great evening of food throughout the city and got a chance to taste them if you want as there are so many shops for Shan cuisine (Shan noodles, a Shan soup and pennywort salad), a delicious fried tilapia from a street vendor, an assortment of Burmese curries and salads (tea leaf salad was phenomenal) and traditional Myanmar desserts.

Enjoy the sunset at the magnificent **Shwedagon Pagoda** located on top of Singuttara Hill, where many locals and Buddhists come to worship. Shwedagon Pagoda is thought to have been built between the 6th and 10th Centuries;



however it has been rebuilt many times. It is here that eight strands of Buddha's hair are said to be kept. The pagoda is covered in gold and contains diamonds, rubies and emeralds.

Overnight at the hotel in Yangon.

Breakfast: by own

Lunch: by own

Dinner: by own

(Yangon is with a population of over five million people, Yangon is the bustling former capital of Myanmar. The city boasts verdant parks, beautiful colonial buildings and the famous Shwedagon Pagoda. Yangon was declared the capital of Myanmar in the late 19th Century by the British. They rebuilt the town after a fire destroyed it in 1841, hence the colonial influences in the architecture. The British renamed the city Rangoon, however it has been restored to its original Burmese name of Yangon since 1989 when the country was also renamed Myanmar (replacing the British name of Burma).



Day 02

: **Yangon-Mandalay (by morning flight) (B)**

Morning transfer without guide to the airport for flight to Mandalay. Welcome to the Royal City Mandalay ! Upon arrival, welcome by local guide with welcome board then transfer to the

hotel for check in. Then visit an ancient city of Amarapura meaning the 'City of Immortality'. Make a visit **Mahar Myat Muni Buddha Image** the most ancient Buddha image castled in bronze in Myanmar and head your way to the handicraft workshops such as bronze sculpture, marble works, and tapestry making, **Mahagandaryone Monastery** the largest teaching monastery in Myanmar. Each day at around 10:30 close to 700 monks queue up for their morning meal ritual.

From the monastery continue to **U Bein Bridge** for a walk along this 200 year-old teak bridge. The bridge was constructed of 984 teak posts that were once part of the deserted Inwa Palace and it is 1.2 kilometers in length making it the world's longest teak span. Enjoy a stroll along the bridge and the fabulous views of the surrounding farms and streams.

This afternoon visit **Mya Nan San Kyaw Palace** (Royal Palace). This golden palace represents Myanmar's Sovereignty and independence and can arouse a national patriotic spirit amongst the people of Myanmar. The Royal Palace was destroyed by a British forces air raid in March 1945 but was finally renovated and restored faithfully into its original structure in September 1996. The 89 main halls were re-built with reference to the original photographs, pictures, palm-leaf manuscripts and a miniature model.



Later head to **Shwenandaw Monastery**, once part of the palace complex until it was dismantled and reassembled on its present site in 1880 as a monastery. This wooden structure is carved all over with beautiful motifs and mythical creatures. Originally the building was entirely covered in thick gold, today only the interior gold remains due to harshness of the tropical weather, **Kuthodaw Pagoda**, often called the world's largest book (a set of 729 huge stone slabs on which the Buddhist scriptures are inscribed). Finish the day with a visit to **Mandalay Hill** to watch sunset over the city plains.

Overnight at the hotel in Mandalay.

Breakfast: at the hotel

Lunch: by own

Dinner: by own

(Mandalay is located 668 km north from Yangon and the last capital of the Burmese Kingdom. Mandalay embodies all the elements of Myanmar's ancient educational, social and cultural system yet the city is also heavily influenced by the Chinese who have relocated here since the Burma foreign trade restrictions were eased.)

Day 03 : Mandalay-Mingun-Mandalay (by boat) (B)

Today we go to Mayanchan jetty to embark on a boat trip up the Irrawaddy River from Mandalay to the riverside village of **Mingun**, enjoying the picturesque scenery of this river and the lifestyles of the local people who live and work on these waters. Unlike Ava and Amarapura, Mingun was not a royal capital yet has many interesting sites to see.

We visit the **Mingun Bell** which weighs more than 87 tons and is more than 3.7 metres tall.

This is the world's largest uncracked bell. Just south of the bell you'll also visit **Mingun Unfinished Pagoda**, a giant brick structure built in the late 1700s and although it was unfinished due to economic troubles it is still an impressive site. Mingun's other highlight is the **Hisnbyume Pagoda @ Mya Thein Tan Pagoda**, a white-washed temple built to resemble Mount Meru. Throughout Mingun there are small neighborhoods crafting traditional basketry and other artistic items and there is plenty of time to stop and interact with the craftsmen and friendly locals. Return by boat late this afternoon, as the sun begins to set. Then transfer back to your hotel. Overnight at Hotel in Mandalay.



Breakfast: at the hotel

Lunch: by own

Dinner: by own

Day 04 : Mandalay-Heho-Inle Lake (by morning flight) (B)

Morning transfer without guide to the airport for fly to Heho. Welcome to the Wild Nature of Myanmar Shan State ! Upon arrival, welcome by local guide with the name board then transfer to the Nyaung Shwe jetty where gate way to Inle lake and then take a boat to transfer to the hotel for check in.



Today tour excursion on the lake includes: **Phaung Daw Oo Pagoda**, one of the famous principal shrines in Myanmar. Five small Buddha images are housed and are revered by the lake dwellers. Once a year, late September/early October, a pagoda festival is held where four of the five Buddha images tour around the lake in a colorful barge. Here you will see and learn the art of silk weaving on wooden handlooms, **Nga Phe Kyaung Monastery**, is an attractive wooden monastery built on stilts over the lake, constructed at the end of the 1850s. Aside from its collection of Buddhas the monastery is interesting to visit since its monks have taught a few of the many cats living with them to jump through hoops. You will also make a stop at **handicraft workshops** such as Blacksmith, Silk and Lotus weaving, cheroot making and traditional boats making factory, etc. On your return trip to the hotel, you will pass the endless floating gardens, where fruit and vegetables are grown in the middle of the lake.



Overnight at the hotel in Inle Lake.

Breakfast: at the hotel

Lunch: by own

Dinner: by own

(Inle Lake is a freshwater lake is the second largest lake in Myanmar with an estimated surface area of 44.9 square miles, and one of the highest at an elevation of 2,900 feet. Inle Lake radiates the calm serenity of the Shan state, with persuasive still waters and colorful brush strokes of floating vegetation and slow moving fishing canoes most visitors never want to leave this picturesque haven. Rolling high hills hug the lake on all sides as the lake's shore and islands host 17 villages on stilts, mostly inhabited by the Intha people. Enjoy the awe inspiring scenery and meditate on the one of a kind skill of the local fisherman who uses their legs in this unique rowing technique to glide themselves peacefully around the lake.)

Day 05 : Indein visit- Taunggi (by car) (B)

After breakfast, travel by boat to the western shore of the lake to a stairway and walk roughly for 10 minutes to the hidden **Indien Temple Complex** of decaying wooden stupas surrounded and overtaken by huge banyan trees offers an evocative and contemplative scene reminiscent of the Khmer temples at Angkor Wat. In the region of Indein village there are two ancient groups of pagodas, **Nyaung Ohak** and **Shwe Inn Thein**. The first one near the boat landing is Nyaung Ohak, means "group of banyan trees". Most of the pagodas have not been restored but some are well preserved, while others have plants and trees growing out of them. Many pagodas are decorated with sculptors of celestial beings or mythological animals as Naga serpents and Chintthes. Some enshrine images of the Buddha. **Shwe Inn Thein pagodas** From Nyaung Ohak a climb leads to the second group of pagodas named Shwe Inn Thein located on top of a hill. A 700 meter covered walkway leads up to the pagodas. The walkway is lined with stalls where vendors sell Shan shoulder bags, longyis, shirts and other items. The site is believed to date back



to the days of the Indian emperor Ashoka, who sent monks in the 3rd century BC across Asia to spread Buddhism. Centuries later, two kings of the Bagan Empire, Narapatisithu and Anawrahta built pagodas at the site. The site contains hundreds of pagodas, known as Shwe Inn Thein pagodas. Most are from the 17th and 18th century; the earliest one with an inscription dates to the 14th century. The hti, a top element shaped like an ornamental umbrella is missing at many of the un-restored stupas. A number of stupas have been restored by donors, both Burmese and foreign. At the center of the Shwe Inn Thein group is the shrine

of the Inn Thein Buddha image. The shrine, believed to have been built by King Ashoka houses a golden Buddha image in the meditation mudra. From the top of the hill there is a magnificent view of Indein village and the surrounding area.

You will see some **“Padaung People”** known as the “Long Neck Karen Hill Tribe.” On the way back to the boat, walk through a bamboo forest at the riverside, where you will observe local people bathing in the river.

In the afternoon, we make hotel check out to continue drive to Taunggyi, where situated in the southern Shan State and is the capital town of Shan States. It is 4.712 feet above the sea level and has a moderate climate and on a high plateau surrounded by high mountains. Its atmosphere is conducive to good health especially by means of the salubrious mountain air. Then hotel check in and visit of night life in the town.

Overnight at the hotel in Taunggyi.

Breakfast: at the hotel

Lunch: by own

Dinner: by own



Day 06 : Taunggyi-Heho-Yangon (by evening flight) (B)



Morning visit to central market, wish fulfilling pagoda and **Ayetharyar Myanmar Vineyard** where located at 3 miles west of Taunggyi, this vineyard – the country's first – sits at an elevation of 4290ft on well-watered, limestone-rich soils, providing good growing conditions for shiraz, cabernet sauvignon, sauvignon blanc, chenin blanc and moscato grapes. Open daily for tours and tastings: check the website for details.

Then drive back to the airport for return flight to Yangon. Welcome by the driver and then hotel check in. Overnight at the hotel in Yangon.

Breakfast: at the hotel

Lunch: by own

Dinner: by own

Day 07 : Yangon – Departure (by AM flight) (B)

Morning transfer to the airport for your home or onwards flight.

Breakfast: at the hotel

*****End of Tour *****



Land only package Cost:

Minimum 2 person or up

<u>Hotel</u>	<u>Tour Code</u>	<u>Twin Sharing</u>	<u>Child (no bed)</u>	<u>Single Suppl +</u>
3* Hotel:	7D-C-YMmIT 3*	\$ 959	\$ 767	+\$279
4* Hotel:	7D-C-YMmIT 4*	\$1149	\$ 929	+\$459

* Reduction for triple room : \$75 each person.

* Child : Between 2-11 Years old.

Validity: from 01 Oct 2016 – 30 April 2017

Remarks:

- * All Price are per person in USD.
- * **Above land only package cost does not included International & domestic airfares.**
- * There will be compulsory dinners at the hotels on 24th & 31st Dec 2015 and surcharge apply.
- * **Period from 13 -16 April, that will be held Water Festival and the price will be higher, surcharge apply.**

Services Included	Services Excluded
<ul style="list-style-type: none"> - 06 nights accommodations with breakfast (Twin/Double sharing room basis, check in time is at 14:00 and check out time is at 12:00 noon) - All transfers, transportation and sightseeing by below private air-conditioned vehicles - English speaking STATIONED guides in each city. Yangon: 1 guide Mandalay: 1 guide Taunggyi & Inle Lake: 1 guide - Entrance fees as per detail program - Private boat fees for visit on Inle Lake - Private boat fee for Mingun visit in Mandalay - 02 bottles of mineral water per person per day on bus 	<ul style="list-style-type: none"> - Visa fee for Myanmar - International airfares - Domestic airfares for THREE sectors - Meals (Lunch & Dinner) - Optional excursions - Mineral water that beyond limit - Early check in & check out - Beverages, laundry services, mini bar, etc. - Personal expenses such as Camera fees, Tips etc. - Any other items not mentioned in Service Includes

SURCHARGE FOR DOMESTIC AIRFARE:

From	To	Airfares (Economy Class)	Carrier/Airlines
Yangon	Mandalay	USD 140	Golden Myanmar airline, Man Yadanarbone airline, Air KBZ, Yangon Airways, Air Mandalay, Asian Wings & Air Bagan
Mandalay	Heho	USD 85	
Heho	Yangon	USD 135	

Remarks:

- Above rate is per person and included airport departure tax.
- It is subject to be changed and will be updated at time of booking and ticket issuing.

HOTEL LISTS (subject to availability): below hotels or similar ones of same category:

Cities	3 star Hotels	4 star hotels
Yangon	<p>Summit Parkview Hotel</p> <p>www.summityangon.com located 15 minutes walk to Shwedagon Pagoda, and 10 mins drive to the heart of the city</p> 	<p>Kandawgyi Palace hotel</p> <p>www.kandawgyipalace-hotel.com located on the Royal Lake within 20 minutes drive from downtown</p> 
Mandalay	<p>Mandalay City Hotel</p> <p>www.mandalaycityhotel.com Located in down town and close to Zay Cho Market</p> 	<p>Sedona Hotel</p> <p>www.sedonahotels.com.sg located just in front of the Mandalay Palace, 1 hr & 20 min drives from the airport</p> 
Inle Lake	<p>Golden Island Cottages Hotel</p> <p>(www.gicmyanmar.com) Located on Inle Lake</p> 	<p>Myanmar Treasure Resort</p> <p>www.myanmarresort.com Located on the lake</p> 
Taunggy	<p>Cherry Queen hotel 2*</p> <p>www.cherryqueenhotelmyanmar.com It is located in Myint Mo Street, NyaungPhyuSakhan Quarter, Taunggyi</p> 	<p>Aye Thar Yar Golf Resort 3*</p> <p>www.facebook.com/Aye-Thar-Yar-Golf-ResortTaunggyi It is located near Taunggyi, about 30 minutes from Heho airport or 20 minutes drive northeast from Inle Lake.</p> 